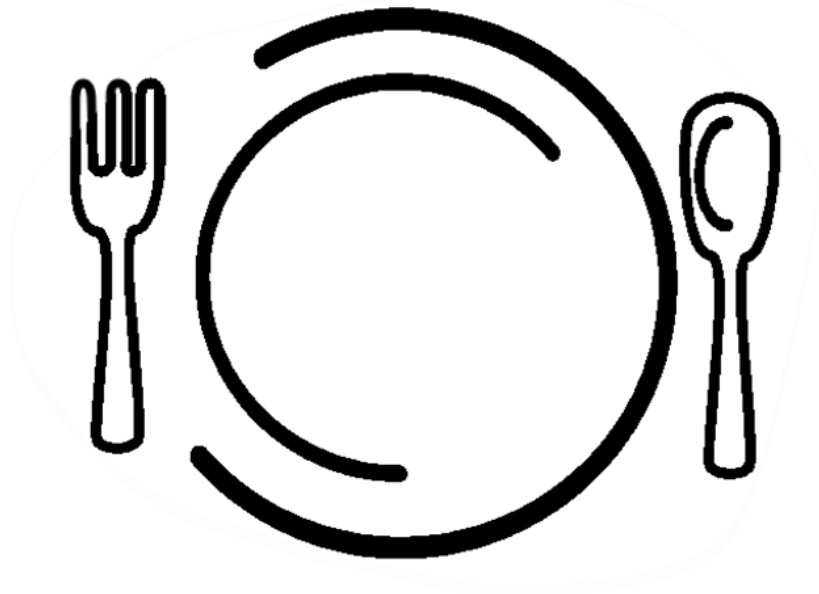


# The Little Green Book

## FREE Meals in Greensboro

When, Where, and How to Get There



## **SUNDAYS**

### **BREAKFAST TWO LOCATIONS:**

8:00am served in Center City Park by Awaken City Church

8:30am **SHUTTLE** provided from Center City Park, served at Northside Baptist Church, 1100 East Cornwallis Drive.

### **LUNCH TWO LOCATIONS [plus additional locations on specific Sundays as listed below]**

10:30am - 12:30pm served at Potter's House, Greensboro Urban Ministry, 305 W. Lee Street (1.2 miles from Center City Park)

3:00pm served at St. James Presbyterian Church, 820 Ross Ave (2.1 miles from Center City Park)

(FIRST, SECOND, AND FOURTH Sundays only) 12:30pm served at Center City Park by The Green Team

(THIRD Sunday only) 1:30pm served at Center City Park by Ebenezer Baptist Church

### **DINNER ONE LOCATION [plus one additional third Sunday only]**

5:00pm Every Sunday, served under the bridge at 300 Spring Garden St. by Neighbors Under the Bridge (.7 miles from Center City Park)

(THIRD Sunday only) 4:00pm served in the parking garage, across from Center City Park, corner of Friendly and Davie by Faith Works Ministries

## **MONDAYS**

### **BREAKFAST**

7:30am served in Center City Park by Chicken Lady and Friends

### **LUNCH**

10:30am - 12:30pm served at Potter's House, Greensboro Urban Ministry, 305 W. Lee Street (1.2 miles from Center City Park)

*(Monday meals continued on next page)*

*(Monday meals continued)*

### **DINNER TWO LOCATIONS:**

7:00pm served in front of the courthouse at the corner of Green Street and Washington St. by RE4HIM Monday Night Meal (3 blocks from Center City Park)

4:30pm served at the Interactive Resource Center, 407 E. Washington Street by Food Not Bombs (0.6 miles from Center City Park)

## **TUESDAYS**

### **BREAKFAST**

8:00am served at Grace United Methodist Church, 438 West Friendly Avenue (0.3 miles from Center City Park)

### **LUNCH**

10:30am - 12:30pm served at the Potter's House, Greensboro Urban Ministry 305 W. Lee Street, (1.2 miles from Center City Park)

### **DINNER**

6:00pm served at First Presbyterian Church, enter from Greene Street and go to the Mullen Life Center building, (0.7 miles from Center City Park)

## **WEDNESDAYS**

### **BREAKFAST**

7:00am - 8:00am served at Potter's House, Greensboro Urban Ministry 305 W. Lee Street, (1.2 miles from Center City Park)

### **LUNCH**

10:30am - 12:30pm served at Potter's House, Greensboro Urban Ministry 305 W. Lee Street, (1.2 miles from Center City Park)

### **DINNER TWO LOCATIONS**

6:00pm served at Grace Community Church, 643 W. Lee St. (1.3 miles from Center City Park)

4:00pm (hot dogs and chips) served at New Birth Sounds of Thunder Christian Center, 2300 S. Elm/Eugene Street (1.7 miles from Center City Park)

## **THURSDAYS**

### **BREAKFAST**

8:15am **SHUTTLE** provided from Center City Park, served by Northside Baptist Church, 1100 E Cornwallis Dr

### **LUNCH**

10:30am - 12:30pm served at Potter's House, Greensboro Urban Ministry, 305 W. Lee Street, (1.2 miles from Center City Park)

### **DINNER**

6:00pm served at First Presbyterian Church, enter from Greene Street and go to the Mullen Life Center building, (0.7 miles from Center City Park)

## **FRIDAYS**

### **BREAKFAST**

(SECOND Friday only – no breakfast available other Fridays)  
7:30am served at Center City Park by Zion Place Ministries and Friends

### **LUNCH [plus one additional location as below]**

10:30am - 12:30pm served at Potter's House, Greensboro Urban Ministry 305 W. Lee Street, (1.2 miles from Center City Park)

(EVERY OTHER Friday) 11:00am served at Groometown United Methodist Church, 5005 Groometown Road, (8.6 miles from Center City Park)

### **DINNER TWO LOCATIONS, [plus one additional first Friday only]**

5:00pm served at New Birth Sounds of Thunder Christian Center, 2300 S. Elm/Eugene Street (1.7 miles from Center City Park)

6:00pm served under the bridge at 300 Spring Garden St. by Neighbors Under the Bridge. (.7 miles from Center City Park)

(FIRST Friday ONLY) 5:45 pm – **SHUTTLE** provided from the **LIBRARY** at 5:45pm. Served at Greensboro Christian Church, 3232 Yanceyville St.

## **SATURDAYS**

### **BREAKFAST ONE LOCATION [plus additional locations on specific Saturdays as listed below]**

8:00am (burritos, donuts, coffee) served at Center City Park by Burrito Bikers

(THIRD Saturday only) 8:30am served at Nu Life Church, 209 W. Florida Street. (2.2 miles from Center City Park)

(LAST Saturday only) 8:30am served at Muir's Chapel United Methodist Church, 314 Muir's Chapel Road (5 miles from Center City Park)

### **LUNCH**

10:30am - 12:30pm served at Potter's House, Greensboro Urban Ministry 305 W. Lee St., (1.2 miles from Center City Park)

### **DINNER**

6:00pm served under the bridge at 300 Spring Garden St. by 16 Cents Ministry (0.7 miles from Center City Park)

## **DIRECTIONS FROM CENTER CITY PARK TO ALL MEAL LOCATIONS**

### **The Bridge at 300 Spring Garden St. (.7 miles from Center City Park)**

1. Head South on Elm St.
2. Turn Right onto Smothers Place 433 ft.
3. Continue onto Spring Garden Street under bridge, about 500 ft.

### **Courthouse (3 blocks from Center City Park)**

1. South on Elm St.
2. Turn right on Washington
3. 1 block to Green Street

### **First Presbyterian Church at 620 N. Greene St(.5 miles from Center City Park)**

1. Head North on N. Elm St. past Smith St to Fisher Ave.
2. Turn left on Fisher Ave.
3. Turn right on N. Greene St.
4. Enter from Greene Street and go to the Mullen Life Center building

**Grace Community Church at 643 W. Gate City Blvd. (1.3 miles from Center City Park)**

1. Head South on Elm St.
2. Turn Right onto W. Lee St. church will be on the Left.

**Grace United Methodist Church at 438 W. Friendly Ave (.3 miles from Center City Park)**

1. Go 0.3 miles on W. Friendly
2. Destination is on your right

**Groometown United Methodist Church at 5005 Groometown Rd (8.6 miles from Center City Park)**

1. Head west on W Friendly Ave
2. Turn left onto N Spring St
3. Continue onto Freeman Mill Rd, US-220 S
4. Take exit 79 to merge onto I-85BUS S/US-29 S/US-70 W toward Charlotte/High Point
5. Take exit 33 toward I-73 N/Groometown Rd/Winston-Salem/I-40 W
6. Keep left, follow signs for Groometown Rd/Grandover Pkwy
7. Keep left at the fork, follow signs for Interstate 85S/U.S. 29S/U.S. 70 W
8. Use any lane to turn left onto Groometown Rd
9. Destination will be on the left

**IRC (Interactive Resource Center) at 407 E. Washington St. (.6 miles from Center City Park)**

1. Head South on N. Elm St.
2. Turn Left onto E. Washington St. 0.3 miles
3. Destination is on the Left.

**Muir's Chapel United Methodist Church at 314 Muir's Chapel Road (5 miles from Center City Park)**

1. Head south on Elm St.
2. Turn right onto W Friendly
3. Turn slightly left onto W Market
4. Continue onto W Market
5. Turn right at Muir's Chapel Rd
6. Continue to church on right

**New Birth Sounds of Thunder Christian Center at 2300 S. Elm/Eugene (1.7 miles from Center City Park)**

1. Head South on Elm St 1.4 miles
2. Elm becomes S. Elm Eugene St. Continue 0.6 miles and church will be on the right.

**Northside Baptist Church at 1100 East Cornwallis Drive (2.5 miles from Center City Park)**

**[SHUTTLE provided from Center City Park]**

1. Head north on N. Elm toward Bellemeade
2. Turn right onto Summit Avenue
3. Turn left onto Yanceyville Street
4. Turn left onto Cornwallis

**Nu Life Church at 209 W. Florida Ave (2.2 miles from Center City Park)**

1. Head South on Elm St 1.4 miles
2. Elm becomes S. Elm Eugene St
3. Turn right onto W. Florida St. and church will be on the Left.

**Potter's House/Greensboro Urban Ministry at 305 W. Lee Street (1.2 miles from Center City Park)**

1. Turn right onto West Friendly
2. Turn left onto N. Eugene
3. Cross W. Lee
4. Destination is on your right

**St. James Presbyterian Church at 820 Ross Ave (2.1 miles from Center City Park)**

1. Head south on Elm St
2. Turn left onto East Market
3. Turn right onto S. Murrow Blvd.
4. Turn left onto East Gate City Blvd.
5. Turn right onto Bennett St.
6. Turn right onto Ross Ave



Extending the hand of  
food and friendship!



For changes or updates, contact  
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